

**TEXAS STATE VITA****I. Academic/Professional Background**

Dr. Stephen Anthony Deringer

Assistant Professor August 15, 2018

**B. Educational Background**

<b>Degree</b>	<b>Year</b>	<b>University</b>	<b>Major</b>	<b>Thesis/Dissertation</b>
BA	2006	University of Mary Hardin-Baylor	Religion	NA
MSRLS	2011	Texas State University	Recreation and Leisure Services – Recreation Management	College Life Through an Existential Lens: A Role For Adventure Programming
EdD	2016	Washington State University	Education Leadership	Mindful Place-based Education: Incorporating mindfulness as a tool for place-based educators

**C. University Experience**

<b>Position</b>	<b>University</b>	<b>Dates</b>
Assistant Professor	Texas State University	2018-Present
Lecturer	Texas State University	2015-2018
Adjunct	Washington State University	2013-2014
Adjunct	Mt. Hood Community College	2012-2014

**D. Relevant Professional Experience**

<b>Position</b>	<b>Entity</b>	<b>Dates</b>
Outdoor Recreation Coordinator	Texas State University	2014-2015
Recreation Coordinator	Washington State University	2011-2014
Adventure Guide	Williamson County	2006-2011
Graduate Assistant	Texas State University	2009-2011
Manager	Austin Rock Gym	2008-2009
Assistant Director	Camp Peniel	2005-2008

E. Other Professional Credentials (licensure, certification, etc.)

Wilderness First Responder, National Outdoor Leadership School, Obtained: January 2019

Swift Water Rescue, American Canoe Association, Obtained: March 2009

Leave No Trace Trainer, Leave No Trace, Obtained: January 2009

**II. TEACHING**

A. Teaching Honors and Awards:

College Achievement Award for Teaching. Texas State University College of Education (2019).

Favorite Professor Award: The Alfred H. Nolle Chapter of Alpha Chi Honor Society (Spring 2018).

Favorite Professor Award: The Alfred H. Nolle Chapter of Alpha Chi Honor Society (Fall 2018).

B. Courses Taught:

Texas State University – Graduate

REC 5318 – Outdoor Program Leadership and Administration  
REC 5380 - Administering Leisure Delivery Systems

Texas State University – Undergraduate

REC 1330 – Leisure and Outdoor Recreation  
REC 2330 – Leadership in Recreation and Leisure Services  
REC 4330 – Commercial Recreation  
REC 4335 – Outdoor Recreation Programming  
REC 4380 – Senior Seminar

Other Institutions – Undergraduate

KIN 586 – Physical Education Methods and Delivery  
WL 171 – Expedition Backpacking  
WL 222 – Recreation Implementation  
WL 240 – Recreation Implementation II  
PE 233 – Place Mapping

C. Directed Student Learning (i.e. theses, dissertations, exit committees, etc.):

Miller, L. (2020). *Examination of the status of equine assisted activities and therapies in recreation therapy*. Committee Member. Master's Thesis.

Byrom, B. (2019). *Conspicuous consumption in outdoor recreation: A pilot study*. Supervising Faculty. Independent Study.

- Waclawczyk, J. (2019). *The role of self-perceived altruism in determining engagement levels of mandatory volunteers*. Committee Co-Chair. Master's Thesis.
- Salas, I. (2019). *Connectedness to nature through hunting*. Supervising Faculty. Independent Study.

#### D. Courses Prepared and Curriculum Development:

- REC 4380 – Senior Seminar – Major Revisions to Curriculum – Fall 2018
- REC 4335 – Outdoor Recreation Programming – Designed Course – Spring 2017
- REC 5318L – Outdoor Program Leadership and Administration – Major Revisions to Curriculum – Fall 2016
- KIN 586 – Physical Education Methods and Delivery – Designed Curriculum – Fall 2013
- WL 222 – Recreation Implementation – Designed Curriculum – Spring 2013
- WL 240 – Recreation Implementation II – Designed Curriculum – Fall 2012
- PE 233 – Place Mapping – Designed Curriculum – Spring 2012

#### I. Other:

Faculty Member, *Study Abroad to Australia and New Zealand*. Co-led 3 week study abroad program in Australia and New Zealand for 24 undergraduate and graduate students. In addition to teaching and organizing 3 weeks of course work, I organized a collaborative outdoor recreation trip with Monash University in which students participated, alongside Australian Students, in an overnight backpacking trip. Summer 2019.

Participant, *Promoting Active Learning and Research* – Texas State University, Fall of 2019

Participant, *The Scholarship & Teaching Excellence Program* – Texas State University, Fall of 2018 – Spring of 2019

Participant, *Creating Active Learning Teaching Strategies (CATS) Active Learning Training* – Department of Health & Human Performance, Spring and Summer 2017

Participant, *Foundations of Online Course Design and Development*, Instructional Technologies Support, May 23-June 3, 2016

### III. SCHOLARLY/CREATIVE

#### A. Works in Print

#### 2. Articles

##### a. Refereed Journal Articles:

**Deringer, S.A.,** Hanley, A.W. (2020 Accepted). The Impact of Head Mounted Displays on Ecological Behavior. *Ecopsychology*.

Griffin, L.K., Meaney, K., **Deringer, S.A.** (2020 Accepted). Until I am just too old to turn the pedals: The impact of an after-school mountain bike program. *Journal of Outdoor Recreation, and Leadership*.

Dussler, R., **Deringer, S.A.** (2020 Accepted). Mindfulness interventions and environmental interpretation. *Journal of Interpretation Research*.

\* Byrom, B., **Deringer, S.A.** (2020). *Conspicuous consumption in outdoor recreation: A pilot study*. *Journal of Outdoor Recreation, Education, and Leadership*. 2(2), 264-266, doi.org: 10.18666/JOREL-2020-V12-I2-9879.

**Deringer, S. A.**, Hanley, A., Hodges, J., Griffin, L.K. (2020). Improving ecological behavior in outdoor recreation through mindfulness interventions: A mixed methods inquiry. *Journal of Outdoor Recreation, Education, and Leadership*. 2(2), 149-163, doi.org: 10.18666/JOREL-2020-V12-I2-9802.

**Deringer, S. A.**, Hodges, J. S., & Griffin, L. K. (2020). Mindfulness as a tool for place-based educators. *Journal of Outdoor and Environmental Education*. 23(2), 121-135, doi: 10.1007/s42322-020-00053-8.

Hanley, A., Bettmann, J., Kendrick, C., **Deringer, S.**, Norton, C. (2020). Dispositional mindfulness is associated with greater nature connectedness and self-reported ecological behavior. *Ecopsychology*, 12(1), 54-63, doi: 10.1089/eco.2019.0017.

**Deringer, S. A.**, & Wiggin, A. (2018). Lasting perceptions of wilderness orientation programming: A longitudinal follow-up study. *Journal of Outdoor Recreation Education and Leadership*, 10(2), 139-152.

**Deringer, S. A.** (2017). Mindful place-based education: Mapping the literature. *Journal of Experiential Education*, doi: 10.1177/1053825917716694.

Hanley, A., **Deringer, S. A.**, & Hanley, R. (2017). Finding the self in nature: The relationships between dispositional mindfulness and nature identity. *Ecopsychology*, 9(4), 225-231, doi: 10.1089/eco.2017.0018.

\*Indicates that paper was written with a student.

## 7. Other Works in Print:

**Deringer, S. A.** (2016). *Mindful place-based education: Incorporating mindfulness as a tool for place-based educators*. Doctoral Dissertation, Washington State University.  
<http://hdl.handle.net/2376/12104>

## B. Works not in Print

### 1. Papers Presented at Professional Meetings:

- \*Sneed, J., **Deringer, S.A.** (2019). *Nature connection, head-mounted displays, and immersive content*. Association for Outdoor Recreation and Education National Conference, Spokane, WA.
- \*Byrom, B., **Deringer, S.A.** (2019). *Conspicuous consumption in outdoor recreation: A pilot study*. Association for Outdoor Recreation and Education National Conference, Spokane, WA
- Thomas, A., **Deringer, S.A.** (2019, February). *The power of nature: Outdoor recreation an intervention for youth with behavioral challenges*. Texas Recreation and Park Society Institute, El Paso, Texas.
- Deringer, S. A., & Hodges, J. S.** (2018). *Maximizing time outdoors: Connectedness to nature, connection to place, and mindfulness*. Presentation at Texas Recreation and Parks Society Annual Conference, Irving, TX.
- Deringer, S. A.** (2018). *Off the grid: Family Camping*. Presentation at Texas Recreation and Parks Society Annual Conference, Irving, TX.
- Deringer, S. A.** (2017). *Outdoor recreation and self-determination theory – Delivering outdoor recreation programming that increases intrinsic tendencies for healthy behavior*. Presentation at Texas Recreation and Parks Society Annual Conference, Irving, TX.
- Deringer, S. A.** (2016). *Lasting perceptions of wilderness orientation programming: A longitudinal follow-up study*. Association for Outdoor Recreation and Education National Conference, Minneapolis, MN.
- Deringer, S. A.** (2014). *Conscientização: A critical consciousness for trip leadership*. Presented at Association for Outdoor Education National Conference, Portland, OR.
- Deringer, S. A.** (2012). College life through an existential lens: A role for adventure. *Journal of Outdoor Recreation, Education, and Leadership*, 4(2), 95-99.
- Deringer, S. A.** (2011). *College life through an existential lens: A role for adventure programming*. Presented at the Association for Outdoor Recreation and Education National Conference, San Antonio, TX.
- Deringer, S. A., & Lyburn, A.** (2011). *Central Texas whitewater*. Presented at Texas Outdoor Leadership Conference, Houston, TX.

\* Indicates that presentation was co-presented with a student.

## 2. Invited Talks, Lectures, Presentations:

- Sneed, J.C., **Deringer, S. A.** (2019). *Nature connection through virtual reality: The possibility of connection without impact*. Presentation at Meadows Center for Water and in the environment, San Marcos, TX.

**Deringer, S. A.** (2019). *The Benefits of Nature Connection*. Invited talk at the Texas Recreation and Parks Society's Regional Day Camp Summit, New Braunfels, TX.

**Deringer, S. A.** (2018). *Mindful interpretation: Improved nature connection*. Presentation at Meadows Center for Water and in the environment, San Marcos, TX.

**Deringer, S. A.** (2018). *Place matters in healthcare*. Invited Panelist. Texas State University Health & GIS Conference, Round Rock, TX.

#### 5. Other Works not in Print:

##### a. Works "submitted" or "under review"

Sneed, J., **Deringer, S.A.** (Under Review). Nature connection, head-mounted displays, and immersive content. *Journal of Experiential Education*.

Hanley, A.W., **Deringer, S. A.**, & Sneed, J. C., Bettman, J. (Under Review). The State of Interdependence with Nature Scale: Development and Initial Validation. *Journal of Environmental Psychology*.

**Deringer, S.A.**, Thomas, A., Zimmermann, J. (proposal submitted). Mindful Experiences of Place On a Study Abroad Trip. Being considered as a possible chapter in an edited book, *Leisure activities in the outdoors: Learning, developing, and challenging*.

##### b. Works "in progress"

Griffin, L.K., Kipp, L.E., & **Deringer, S. A.** (in progress). The relationship between personal and social responsibility and self-determination in an after-school outdoor adventure program.

**Deringer, S.A.**, Foresythe, S., Norton, C., (in progress). Place connection through boat building.

#### C. Grants and Contracts

##### 1. Funded External Grants and Contracts:

**Deringer, S. A.** (2019). *San Marcos youth master plan funding for research conducted at Spring Lake Outdoor Education Program*. Research on environmental education afterschool programs. Funded - \$3,360

**Deringer, S. A. & Walters, S.** (2019). *San Marcos youth master plan funding for research conducted at Goal Post*. Research on low organized activities in afterschool programming. Funded - \$4,320.

Griffin, L.K., **Deringer, S.A.**, Dussler, R., & Thomas, A. (2019). *Strengthening experiential education opportunities in central Texas*. Texas Parks and Wildlife Co-Op Grant. Grant provides resources to examine the impact of experiential education programming on underserved youth participating in an after-school program and a 6-day expedition trip Funded - \$49,969.

**Deringer, S. A.** (2018). *San Marcos youth master plan funding for research conducted at Spring Lake Outdoor Education Program*. Research on environmental education afterschool programs. Funded - \$4,000.

**Deringer, S. A., Griffin, L.K., & Thomas, A.** (2017). *Strengthening experiential education opportunities in central Texas*. Texas Parks and Wildlife Co-Op Grant. Grant provides resources to examine the impact of experiential education programming on underserved youth participating in an after-school program. Funded - \$49,451.

Walters, S. & **Deringer, S. A.** (2017). *San Marcos youth master plan funding for research conducted at Goal Post*. Research on low organized activities in afterschool programming. Funded - \$5,000.

**Deringer, S. A.** (2016). *San Marcos youth master plan funding for research conducted at Goal Post*. Research on low organized activities in afterschool programming. Funded - \$5,000.

#### 4. Submitted, but not Funded, Internal Grants and Contracts:

Iliopoulos, G., Hanley, A., **Deringer, S. A.** (2020). Impact of nature interactions on healthcare utilization of healthcare systems in a COVID/Post COVID scenario. National Institute for Health Care Management – Foundation Grants to Support Investigator-Initiated Research. Submitted - \$50,000

Norton, C., **Deringer, S. A.**, Dussler, R., Fields, B., Forsythe, S., Griffin, K., Hanks, C., Kipp, L., Morreale, A., Thomas, A., Watt, T., Williams, J. (2020). *The Center for Nature Research*. Big Ideas Grant Proposal at Texas State University. \$160,000 Annually.

**Deringer, S. A., Griffin, L. K.** (2019). *Improving pro-environmental behavior through immersive virtual experiences*. Research Enhancement Program at Texas State University. Not Funded - \$16,000.

**Deringer, S. A., Blue, S.** (2018). *Perceptions of place along the border: A narrative inquiry*. Research Enhancement Program at Texas State University. Not Funded - \$16,000.

Griffin, L. K., Zimmermann, J., **Deringer, S. A.** (2016). *Experiential education as an alternative to traditional recreational programming: A comparative case study*. Research Enhancement Program at Texas State University. Not Funded - \$18,000.

#### D. Scholarly / Creative Fellowships, Awards, Honors:

Best Poster Presentation: **Deringer, S. A.** (2016). *Lasting impacts of wilderness orientation programming: A preliminary study using longitudinal data*. AORE National Conference, Minneapolis, MN.

## IV. SERVICE

### A. University:

Member, Assistant Director for Outdoor Recreation Search Committee (2018)

Member, Assistant Director for Outdoor Recreation Search Committee (2017)

Member, Campus Recreation Director Search Committee (2017)

Member, Pride and Caring Planning Team (2014), Coordinated orientation programming for 5,600 incoming freshmen in a two-day event.

B. Departmental:

Member, Assistant Professor of Therapeutic Recreation Search Committee (2019 - 2020)

Member, Health and Human Performance Travel Committee (2019 – Present)

Member, College of Education Scholarship Committee (2016 - 2018)

Member, Texas State University Recreation Division Alumni and Friends Event (2016), Coordinated Alumni social/fundraiser for students in the Recreation Division.

Member, Vet Rec Support Team, (2016), assisted in the coordination of outdoor recreation for veterans.

Co-Advisor, Association of Recreation Enthusiasts Student Organization (2015 - Present)

Recreation Division Contributing Faculty Member on the Following Service Learning Projects: Walk the Halls (2016), Ranch Day (2015-2016), Texas State Turkey Adventure Race (2015–2018), Larry Turner Wheelchair Basketball Tournament (2015-2018), Rebound Program for San Marcos Independent School District Disciplinary Alternative Education Program (DAEP) (2016-present), Adaptive Aquatics Assistant San Marcos ISD (2015-2018)

C. Community:

Member, Wimberley Parks Board (2019 - Present).

Member, Wimberley Director of Parks and Recreation Search Committee (2019).

Camp Good Sam Wimberley Advisory Board (2018-2019), Advise Good Samaritan staff on camp operations and fundraising. (Chair 2017-2018)

Coordinator, and Co-Director Goal Post and SLOEP After School Programs (2015-present), Partnered with San Marcos Parks and Recreation and SMCISD to provide an after school program that contributes to the San Marcos Youth Master Plan for students at Miller Middle School, San Marcos, Texas.

D. Professional:



Member, Association of Outdoor Recreation and Education Research and Publications Committee (2016-present)

Association of Outdoor Recreation and Education National Conference Host Committee, 2014

E. Organizations

2. Professional:

Reviewer, Journal of Outdoor Recreation Education and Leadership (2020)

Reviewer, Journal of Leisure Research (2020)

Reviewer, Journal of Ecopsychology (2019)

Reviewer, Journal of Recreation Education and Leadership (2018)

Reviewer, Journal of Ecopsychology (2017)

F. Service Honors and Awards:

Presidential Distinction Award in Service (2020), Texas State University.

Service Learning Faculty Fellow (2016-2017), I was selected as a faculty fellow for my work in REC 2330 with Goal Post and SLOEP after school programs. This award comes with a 5 hour a week graduate assistant.